

## Cost of Membership

The Freedom Health Group membership program offers equal advantages and strength to all of the members who participate in the program. The 12 month commitment ensures that we can continue to help our members access quality healthcare services at fair and reasonable costs while expanding those services as the membership grows in size.



Individual / Single Parent  
\$79.00 per month \*\*



Two Parent Family  
\$158.00 per month \*\*

\*\* Paying members are 18 years and older, membership is a 12-month commitment.

**Quality Care – Simple and Affordable - *As it should be!***



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**\$79** per month for  
Access to Affordable  
**Healthcare** and **Dental**



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[www.freedomhealthgroup.com](http://www.freedomhealthgroup.com)

## What is Freedom Health Group?

Freedom Health Group is pioneering the way that primary, preventive, and maintenance healthcare should be delivered and is unlike any other facility in the country. It is a membership-based facility where independent providers offer their services at a fair and reasonable cost. The power of membership works by keeping the cost of services to the members affordable. Membership in Freedom Health Group is not health insurance. There are no waiting periods or pre-existing conditions limitations to worry about. No hidden charges, bait and switch tactics, or unexpected bill in the mail after an office visit.

## Who Benefits with Freedom Health Group?

Individuals wanting quality care for their entire family at a reasonable cost. Businesses that want to offer their employees affordable quality healthcare they can use. Individuals needing dental care, annual physicals, cold and flu treatment, as well as help managing their chronic health issues.

## Healthcare—Straightforward and Simple

- ✓ Direct-Care program – no cost for office visits
- ✓ Written prescriptions for medications
- ✓ Advocate to negotiate fair costs with specialists
- ✓ Children (<18) of members receive **FREE** membership
- ✓ Affordable lab tests
- ✓ Access to Mental Health Counselor at a fair price
- ✓ Access to fair and reasonable cost Dental services
- ✓ Access to and storage of your medical records
- ✓ Health report card—measure and manage your health
- ✓ Health incentive—earn cash for improving your health
- ✓ Freedom Reward Dollars for growing the membership
- ✓ A clinic for members they can call their own

Individuals may want to consider purchasing a catastrophic health insurance plan with a maximum out-of-pocket expense between \$5,000 and \$7,500 per year along with their membership to cover major medical issues such as hospital stays for heart attack, stroke, cancer, and surgeries.

## How Much Does Care Really Cost?

Independent health providers offer their services to members within the Freedom Health Group's facility. The following are examples of the costs:

### Healthcare Services (Direct Care program)

Office visits (incl. annual & sport physicals)	No charge
In-office procedures (wart removal, skin biopsies, etc)	No charge
Urgent Care office visits (unscheduled appointments)	No charge
Lab tests	Cost + \$5
Lab tests for annual physicals	\$25(M) - \$55(F)
Child Immunizations (based on vaccine cost)	Cost + \$5/shot
Massage	\$45/hour
Mental Health Counseling	\$50/hour
Medically administered weight loss program	\$160.00

### Dental Care Services—(Provided by Independent Dentist)

<u>Example of service available</u>	<u>Members</u>		<u>Non-Members</u>
Annual Cleaning and Check up	\$134	vs.	\$251
6 mo. Cleaning and Check up	\$ 83	vs.	\$183
Filling—Composite (3 surfaces)	\$140**	vs.	\$315
Extractions (per tooth)	\$104**	vs.	\$255
Crown (porc. w/semi-pr met.)	\$667**	vs.	\$1,250

\* Prices may vary if unforeseen circumstances arise during treatment.

\*\* Price includes an exam and x-ray.

### Health Incentive Program

Staying healthy means managing physical and oral health as well as eating right and exercising. Members will receive \$100 if they get an annual physical, followed by a six month check up, have two dental cleanings a year, improve their health score by 5 points, and remain a member for 12 months.

### Freedom Reward Dollars

Members earn \$10 in Freedom Reward dollars for each new member they refer. These reward dollars can help offset the cost of services paid for at the clinic.